

## EXECUTIVE WOMEN HEALTH CHECKUP

**Age Group:** 25 years till 45 years.

**Recommended For:** Those who are at high risk of developing conditions like Diabetes, Obesity, Hypertension, Cardiac & Cancer disease.

**Frequency:** Once in a year or as advised by Clinician

### Blood Investigations:

- Complete Hemogram
- FBS
- PPBS
- HbA1C
- Thyroid Profile
- RFT
- LFT
- Lipid Profile

### Other Investigations:

- Pap Smear
- USG Abdomen
- USG Breast
- Urine Routine
- ECG
- ECHO

### Consultation with:

- Gynaecologist
- Physician
- Dietician

OFFER PRICE

₹ 10410

now at

₹ 5700

## CARDIAC HEALTH CHECK UP

**Age Group:** 20 years and above.

**Recommended For:** Hectic / Sedentary Life style & Family history of Diabetes, Obesity, Hypertension, Cardiac & Cancer disease.

**Frequency:** Once in a year or as advised by Cardiologist / Cardiac Surgeon

### Blood Investigations:

- Haemoglobin
- Random Blood Sugar
- Lipid Profile
- Serum Creatinine

### Other Investigations:

- ECG
- ECHO
- TMT

### Consultation with:

- Cardiologist

OFFER PRICE

₹ 3320

now at

₹ 2350

## MASTER HEALTH CHECKUP

**Age Group:** 20 years and above.

**Recommended For:** Hectic / Sedentary Life style & Family history of Diabetes, Obesity, Hypertension, Cardiac & Cancer disease.

**Frequency:** Once in a year or as advised by Clinician

### Blood Investigations:

- Hemogram with ESR
- FBS
- PPBS
- Lipid profile
- Renal function test
- Liver function test

### Radiological Investigations:

- X-Ray
- Ultrasound abdomen

### Other Investigations:

- Urine routine
- Stool routine
- PSA for men
- TMT
- ECG
- ECHO
- Pap smear for women

### Consultation with:

- Gynaecologist
- Physician
- Dietician

OFFER PRICE

₹ 8310

now at

₹ 3900

## ADDITIONAL INVESTIGATIONS:

- Vitamin D Total (25 Hydroxy)
- Vitamin B12
- PSA
- Calcium
- Serology Profile (HCV, HIV, HBSAG)

\*Please contact help desk for details

### INSTRUCTIONS:

- Kindly make a one day prior appointment at 0821-2472424 for all preventive health checkup packages.
- Report at the main reception at 8:00am on empty stomach.
- 10-12 hrs fasting is recommended for health checkups to achieve accurate results for your blood test for glucose and cholesterol.
- Please do not have milk/Tea/Coffee/Breakfast in the morning before the test.
- Do not take any medication, alcohol, cigarettes, tobacco or any liquid (except water in the morning).
- Persons having difficulty to walk on treadmill will be offered Echocardiography in lieu of stress test before the commencement of the test.
- Please bring all the relevant old records, recent X-Rays, lab results and current medication.

### Ladies:

- It is advisable to book your appointment within 8 days of your last menstrual cycle.
- If you are menstruating on the day of your appointment, please inform.
- It is advisable to have your X-Ray or mammography done within first 8 days of your last menstrual period as a safety measure.
- X-Rays are not recommended for any one who is pregnant or suspected to be pregnant.

24x7  
SERVICES



EMERGENCY



AMBULANCE



CARDIAC  
EMERGENCY



PHARMACY



BLOOD BANK



Teresian circle,  
Siddharthanagar, Mysuru - 29



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0821 2472424



A **Healthy** family  
is a **Happy** family...

Preventive Health Checks  
to keep your family's  
health in check

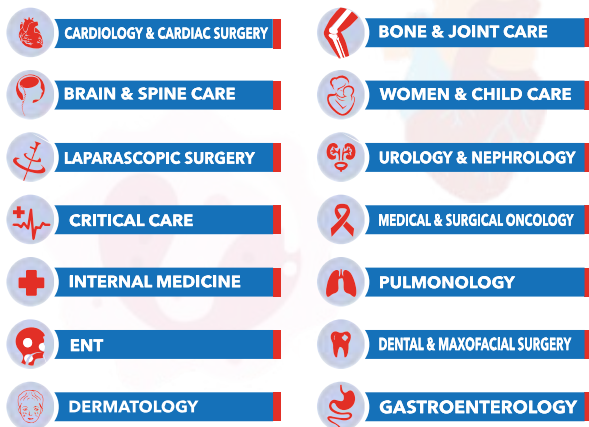
10/2023/V1.0

## WORLD CLASS AFFORDABLE HEALTHCARE

Cauvery Heart & Multi-Speciality Hospital is the result of a vision of **“Ensuring quality, cost-effective healthcare for one and all in the communities we serve”**. It is a 200-bedded multi & super speciality, tertiary care hospital right in the heart of Mysuru, dedicated to the people of the city and nearby districts.

We work with a single minded motto of **“Caring for life”**. It has committed and competent team of doctors, super specialists and support staff across a wide range of medical domains. In short, you have the assurance of best medical care near you, on 24x7 basis.

### SERVICES AVAILABLE



### PREVENTIVE HEALTH CHECK PROGRAM

Cauvery Heart & Multi-Speciality Hospital has been a pioneer in the area of preventive health care in Mysuru. With a wide range of tailor-made packages designed to cater the needs of every individual of different age under one roof.

We at Cauvery Heart & Multi-Speciality Hospital always believe that **“Prevention is better than cure”**

## BASIC HEALTH CHECKUP

**Age Group:** 20 years and above.

**Recommended For:** Those who are at high risk of developing conditions like Diabetes, Obesity, Hypertension, Cardiac & Cancer disease.

**Frequency:** Once in six months or as advised by Clinician Blood

#### Investigations:

● HB% ● TC ● DC ● ESR ● FBS ● Serum Cholesterol ● Liver Function Test ● PPBS ● Serum Creatinine

#### Other Investigations:

● ECG ● USG Abdomen ● Urine Routine

#### Consultation with:

● Physician

OFFER PRICE

₹ 3370  
now at  
₹ 1590

## DIABETIC HEALTH CHECKUP

**Age Group:** 20 years and above.

**Recommended For:** Those who are at high risk of developing conditions like Diabetes, Obesity, Hypertension, Cardiac & Cancer disease.

**Frequency:** Once in six months or as advised by Clinician Blood

#### Investigations:

● FBS ● PPBS ● Serum Creatinine ● HbA1c ● Lipid Profile

#### Other Investigations:

● ECG ● Urine Micro Analysis

#### Consultation with:

● Physician ● Dietician

OFFER PRICE

₹ 2420  
now at  
₹ 1800

## PREMIER HEALTH CHECKUP

**Age Group:** 20 years and above.

**Recommended For:** Those who are at high risk of developing conditions like Diabetes, Obesity, Hypertension, Cardiac & Cancer disease.

**Frequency:** Once in six months or as advised by Clinician Blood

#### Investigations:

● HB% ● TC ● DC ● ESR ● FBS ● Serum Cholesterol ● Serum Creatinine ● PPBS

#### Other Investigations:

● ECG ● ECHO ● USG Abdomen ● Urine Routine ● Chest X-Ray

#### Consultation with:

● Physician

OFFER PRICE

₹ 3820  
now at  
₹ 2200

## WOMEN HEALTH CHECKUP

**Age Group:** 25 years till 45 years.

**Recommended For:** Those who are at high risk of developing conditions like Diabetes, Obesity, Hypertension, Cardiac & Cancer disease.

**Frequency:** Once in a year or as advised by Clinician

#### Blood Investigations:

● Complete Hemogram ● FBS ● PPBS ● Thyroid Profile ● Serum Creatinine

#### Other Investigations:

● Pap Smear ● ECG ● USG Abdomen ● USG Breast ● Urine Routine

#### Consultation with:

● Gynaecologist ● Dietician

OFFER PRICE

₹ 6520  
now at  
₹ 3900

## CANCER SCREENING CHECKUP

**Age Group:** For Women above 40 years & Men above 50 years.

**Recommended For:** Those who are at high risk of developing Cancer & have a family history of cancer disease. Fasting not required

**Frequency:** Once in a year or as advised by Oncologist

#### Blood Investigations:

● CBC ● Stool occult blood (as per Doctor advise) ● PSA (Male)

#### Radiological Investigations:

● Mammography (Female at Medcure Diagnostics)

#### Other Investigations:

● Pap Smear (Female) ● CT Chest (If advised charged extra)

#### Consultation with:

● Oncologist

OFFER PRICE

₹ 4100  
now at  
₹ 2900

## CANCER SCREENING WITH MARKERS

**Age Group:** For Women above 40 years & Men above 50 years.

**Recommended For:** Those who are at high risk of developing Cancer & have a family history of cancer disease. Fasting not required

**Frequency:** Once in a year or as advised by Oncologist

#### Blood Investigations:

● CBC ● Stool occult blood (as per Doctor advise) ● PSA (Male) ● Anti HCV ● HBsAg

#### Radiological Investigations:

● USG Abdomen & Pelvi ● Mammography (Female at Medcure Diagnostics) ● Chest X-Ray

#### Other Investigations:

● Pap Smear (Female) ● CT Chest (If advised charged extra)

#### Consultation with:

● Oncologist

OFFER PRICE

₹ 6625  
now at  
₹ 3700